

# Kirkby Malzeard 10k Run Black Sheep Race Series Saturday 6<sup>th</sup> June, 2009

Changing area available

**Starts 2pm**

Undulating course, all on road (16yrs+).  
(run under UK Athletics Rules - permit applied for)

10k: UKA members £7.50

non-UKA members £9.50

Entries on the day £1 extra. Race limit 300.

Race fee includes refreshments

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## 2 mile fun run

**Starts 1pm:** All runners will receive a commemorative award.

Fun run £3 Entries on the day 50p extra (includes refreshments)

A fun course on and off road (but not suitable for prams, pushchairs, etc).

**Family entertainment on the day**

**To enter either of the runs please complete the entry form below**

Send entry form, fee and SAE by 23<sup>rd</sup> May to:

Race Secretary, Fernlea, Main Street, Kirkby Malzeard, Ripon, HG4 3SD

Cheques payable to 'Kirkby Malzeard Mechanics Institute'

Proceeds to support Kirkby Malzeard Mechanics Institute and Kirkby Malzeard Playing Fields

Queries to address above or [kirkbymalzeard10k@hotmail.com](mailto:kirkbymalzeard10k@hotmail.com)

Additional forms by request to email address above or at [www.kirkbymalzeard.com](http://www.kirkbymalzeard.com)

All runners must obey race organisers' instructions. All runners must register 30 minutes before the race starts, otherwise your runner may be resold and you will forfeit any race fee. The race organisers accept no responsibility if the race is cancelled due to unforeseen circumstances.

Only one entry per form. Complete all fields

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Surname: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Forename: \_\_\_\_\_ Age on race day (min 16 for 10k): \_\_\_\_\_

**Select a Category:**

10k Male	U40	O40	O50	O60
10k Female	U35	O35	O45	O55
Fun run Male	U9	U12	U16	O16
Fun Run	U9	U12	U16	O16
School				

Address \_\_\_\_\_

Telephone \_\_\_\_\_

Email \_\_\_\_\_

Club & No \_\_\_\_\_

Tick here if local runner (3 mile radius of KM Market Cross)

Advance entries: 10k Club runner £7.50; 10k Non-club runner £9.50; Fun run any age £3

Fee enclosed: \_\_\_\_\_

I HEREBY DECLARE THAT I AM AN AMATEUR AS DEFINED BY THE BAF RULES. I AGREE TO ABIDE BY BAF RULES AND UNDERSTAND THAT THE RACE COMMITTEE WILL ACCEPT NO LIABILITY FOR ANY INJURY, LOSS OR DAMAGE, HOWEVER CAUSED, TO COMPETITORS OR THEIR PROPERTY.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_